

The Center For Health Care Services



Our program's goal is to treat each consumer with dignity and respect. Our value system promotes a high quality, compassionate service that leads to consumer and family involvement.

MR Residential/Habilitation Services

8155 Lone Shadow | Converse, Texas 78109 | 210-659-5857

Day Habilitation Services

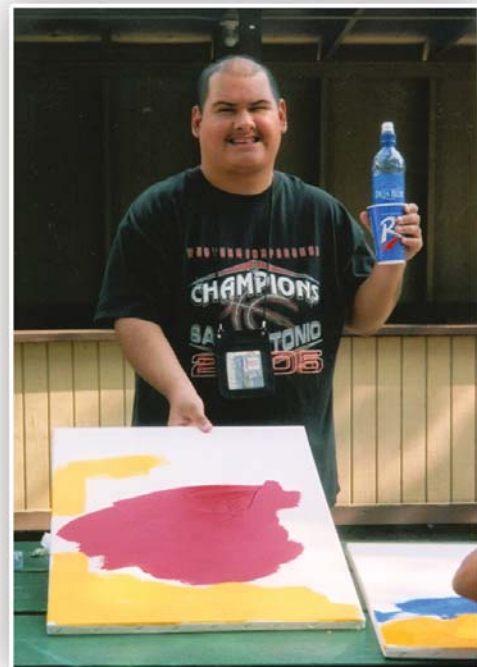
Day Habilitation Services are provided on a regular basis and typically in a group setting. We have designed the program to meet the individual's needs while providing assistance in the areas of acquiring, retaining and improving self-help. Our team works with your loved one to improve their socialization, job readiness skills and work skill development. Activities are individualized based on the person's age and skill level. Your loved one may participate in the follows activities:

- Reading
- Dancing
- Writing and Language Arts
- Math and Money Management
- Sign Language
- Nutrition and Health
- Physical Fitness
- Arts and Crafts
- Personal Care Assistance
- Parties and Social Activities

We promote giving back to our community. Some of our consumers volunteer for Meals On Wheels and volunteer at senior and nursing home settings.

Job Readiness training provides the consumer with skills necessary for potential employment. The following are the skills we develop at the work site:

- work behaviors
- hygiene
- basic work standards



Employment Services

Employment Assistance helps consumers to find employment by:

- Discovering employment options
- Composing and submitting resume/s
- Training on interviewing skills
- Contacting and coordinating placement potential employers



Supported Employment

Job Coaching services offer individuals the ability to have supports on the job. Through job-site skills training we ensure that each individual learns to perform his/her job. Once the consumer learns the job, our staff provides ongoing support to ensure he/she is satisfied with the job.



Community Supports and Supported Home Living



Supported Home Living/Community Supports

Supported Home Living, also referred to as Community Supports, is provided to persons living in their natural environment.

Services offered, but are not limited to:

- Socialization
- Independent living skills
- Recreation
- Leisure skills
- Volunteering
- Education
- Transportation, including medical appointments
- Financial assistance, such as money management
- Apartment location



Health Care and Related Services



HHealth Care Related Services include completing assessments, providing treatment and ongoing monitoring. Registered and Licensed Vocational nurses provide medical support as well as follow-ups on physical or mental health related issues. Nursing provides medical related training for Direct Care staff, Foster Care Providers and family members. In addition, the nurses operate the after hours medical On-Call System.

P psychological Services

A network of contracted psychologist provides family and individual counseling as well as behavioral supports, evaluation services and education/training. In addition, these psychologists serve as consultants to professionals, paraprofessionals, direct care staff and family members.

Specialized Services offers but are not limited to:

- Occupational Therapy
- Physical Therapy
- Speech Therapy
- Dietary
- Dental
- Adaptive Aids
- Minor Home Modifications



Residential Services



Residential Services

Our homes are located in nice neighborhoods with shopping centers, parks, malls, and movie theaters. Foster and Companion Care providers typically are homeowners or renters; with one to three individuals in their home. Their services are provided either within a residence by the provider or leased by the person served. Foster and Companion Care Services include personal assistance with needs relating to daily living, independent living and leisure/recreational activities.

Supervised Living/Residential Support Services is offered to individuals who need 24-hour awake staff. Direct Care Staff are present in the home to assist with daily living skills as well as community outings. Family and friends are encouraged to visit their loved ones.



Residential Services



HCS Group Homes

We have four HCS group homes located in the Bexar County area. Three of the homes offer wheelchair accessibility to allow freedom of movement. All homes are equipped with fire alarms and some are even equipped with sprinkler systems to ensure the safety of the individuals. As a part of our family your loved one will participate in backyard barbeques, trips to the park, the rodeo, and other community activities.



Services provided to the individuals choosing residential placement include:

- Direct personal assistance
- Meal planning and preparation
- Transportation
- Supervision of medication administration
- Administration of medication
- Participation in the community
- Social activities
- Leisure activities
- Assistance with medical and dental appointments
- Training assistance with daily living skills
- Church attendance



All group homes provide direct care staff 24 hours a day with consistent schedules. Direct care staff receives intensive training to meet the needs of the individuals.



Respite Services



We have been providers in respite care to citizens in Bexar County for over 25 years. One of the most important purposes of respite is to give family members relief time. Respite is the number one need of parents with special needs children. In or out of home respite care enables families to take planned or emergency short term relief. Room and board is provided for those individuals receiving services outside of their home. We offer after school care as well as in and out of home respite care services.

Respite provides individuals with:

- Personal assistance (to include grooming, eating, bathing, dressing and personal hygiene)
- Leisure activities
- Social interaction
- Independent living tasks
- Meal planning and preparation
- Securing and providing transportation
- Assistance with housekeeping
- Assistance with medications and any delegated tasks



Respite Services

Our home located in the Northeast area of San Antonio is filled with amenities that resemble your families home. This safe and comfortable respite home offers 3 bedrooms, 2 baths, and a large fenced in backyard.

Please call to set up a tour.



“ There are only four kinds of people in the world—those who have been Caregivers, those who are currently Caregivers, those who will be Caregivers and those who need Caregivers. ”

Former First Lady Rosalynn Carter



Intermediate Care Facility-Mental Retardation



We offer structured residential services for those needing 24 hour supervised assistance. We provide intensive training to address the identified needs and goals of each individual. Based on the needs of the individuals residing in the home, we provide the following services:

- Activities of daily living (grooming, eating, bathing and personal hygiene)
- Day Habilitation
- Dietary
- Nursing
- Employment Assistance
- Adaptive Aids
- Leisure activities

A Qualified Mental Retardation Professional (QMRP) is assigned to each individual to plan, coordinate, link and monitor all of the consumer's services. Currently we have one ten bed ICF-MR home. Staff working in the home are well trained and provide the necessary supports for each individual.



Texas Home Living Waiver Program (TxHmL)

Our program is a Medicaid program approved to provide community based services to eligible individuals who live in their own home or in their families home. Services offered through the TxHmL waiver program include:

- Audiology
- Behavior supports
- Community Supports
- Dental
- Employment Assistance
- Day Habilitation
- Dietary
- Nursing
- Minor Home Modifications
- Occupational Therapy and Physical Therapy
- Respite (Day and Hourly)
- Speech/Language
- Pathology
- Supported Employment
- Adaptive Aids



The Center For Health Care Services



MR Residential/Respite Services

8155 Lone Shadow

Converse, Texas 78109

Tel: 210-659-5857

Fax: 210-659-7460

MR Habilitation/Vocational Services

227 W. Drexel

San Antonio, Texas 78210

Tel: 210-532-5159

Fax: 210-533-6822

Our Mission Statement

The Center for Health Care Services ensures residents of Bexar County with mental illness, mental retardation and substance abuse problems receive necessary quality services commensurate to our community standards.