



Bexar County Board of Trustees for MHMR Services *DBA* The Center for Health Care Services

Day Habilitation (Calidad)

Our Day Habilitation Program supports individuals with Intellectual Developmental Disabilities by offering a wide array of activities to help them become more independent in daily and personal skills. It is our pledge to support individuals with Intellectual Developmental Disabilities (IDD) through innovative and progressive services to maximize their functional independence .

The skills training program consists of the following activities:

- Personal grooming and hygiene
- Money management skills
- Health and Nutrition skills
- Current events
- Physical fitness and exercise program
- Computer skills training

In addition to the skills training, individuals engage in activities that promote social interactions skills. These activities include:

- Planned outing to local parks, movie theaters, bowling alleys, museums, etc.
- Arts & Crafts
- Cook outs
- Dances
- Destination Dignity
- Use of Wii Stations (game stations)

“*Nuestra Casa*” offers consumers an opportunity to learn home management skills to live more independently. This area focuses on:

- Meal planning and preparation
- Grocery shopping
- House keeping skills
- Money management
- And other daily living skills

Supported Employment

Supported Employment encourages individuals to participate in the life of their community, social interaction, and integration. This program also assists consumers to attain employment with equitable wages and benefits as well as those that can assist in the development of new skills, increased community participation, enhanced self-esteem and a better quality of life. The Supported Employment Program also offers job coaching services which allow the individual to have supports on the job. Through job site skills training, we insure that each individual learns to perform their job. Once the individual learns their job assignments, our staff provides on-going support to insure the person and the employer remains satisfied with their job, and the agreed upon performance.



Employment Assistance

Our Employment Connections Program assists consumers to find employment by matching their skills and interest with the needs of an employer in their community. Employment Assistance helps consumers to find employment by

- Discovering employment options
- Composing and submitting resumes
- Training on interviewing skills

Youth Camp

The CHCS Youth Camp was established to provide children and young adults with disabilities a place to go after school, during school holidays and summer break.

The CHCS Youth Camp provides a safe environment where participants can have fun, interact with other young people and maintain their educational and life skills.

The Youth Camp provides the opportunity for all participants to thrive and succeed in a caring and nurturing environment.

The Youth Camp offers the following:

- Serves participants ages 8-22
- Has professional and trained staff
- Small staff to consumer ratios
- Fun and educational daily activities
- Community integration
- Accommodating hours
- Access to Via Trans
- We accept HCS, TxHmL, General Revenue (GR) and Private Pay

Contact Us

To receive further information about any of our programs, please feel free to contact us.

- Long Term Services Director, **Doreen Vernon**.....659-5857 ext. 212
- HCS/ TxHmL Program, **Kelley Johnson Davis**.....659-5857 ext. 204
- Residential Group Homes, **Carl Heinzmann**.....659-5857 ext. 201
- Foster/ Companion Care, & Respite Services, **Linda Ponce**.....659-5857 ext. 202
- Supported Home Living or Community Supports, **Kelley Johnson Davis**.....659-5857 ext. 204
- Day Habilitation/ Employment, **Clement Sullivan**.....532-5159
- Youth Camp, **Clement Sullivan**.....532-5159

CHCS Day Habilitations / Employment Programs

The CHCS Day Habilitation Program, Youth Camp, Employment Assistance and Supported Employment Programs are all located at 227 West Drexel, San Antonio, Texas 78210